

Como Cabaret was a fabulous night. Congratulations to all involved and huge thanks to our marvellous Parents and Citizens Association for their support.



PRINCIPAL'S MESSAGE

Leslie Carruthers

Project Definition Plan for Upgrades and new facilities for Como

It's wonderful to hear about the exciting developments at Como Secondary College! The allocation of \$650,000 from the State Budget for planning an upgrade is a significant step. This funding represents an exciting phase of development for Como and will provide a strategic master planning framework that will augment and enhance the high quality of education already being provided by the school.

At the last School Board meeting, board members attended a briefing by Rob Thomson and Steve Parry from the Infrastructure Directorate where they provided information regarding the first stage of this journey - the planning process.

Cabinet has requested that a Project Definition Plan be prepared to develop options for the school. The Project Definition Plan is a crucial initial step in the upgrade process. It identifies project delivery issues, risks, and outlines the scope, cost, schedule, and procurement strategies, providing a master plan for future upgrades of the school's aging infrastructure.

While the parameters are still being finalized, Christou Architecture has been appointed by the Department of Finance and will lead the planning process. Over the last three weeks various consultants have visited the school to assess existing site servicing and conduct building inspections. Their insights will inform the upgrade.

The Project Plan is expected to be shared by the end of this year as it will inform future government decisions.

We are very excited to take the first few steps towards this modernisation project, which will see us achieve the vision developed during the community consultation process.

Meeting with Perth Redbacks

In June Brad Francis (HOLA HPE) and I met with representatives from the Perth Redbacks to discuss support for a 12-court indoor sporting and community facility at 3 Barron Hay Court, Kensington. (The vacant Department of Agriculture land). Previously to this meeting there were discussions about using Como SC land to build indoor court facilities. However, due to several factors such as parking and the reduced number of courts that could be built at Como SC, a new site was chosen for the proposal.

There are several positive outcomes for Como SC should this proposal be actioned.

1 - Como SC is part of the Southeast Metro zone for interschool competitions. There is no one suitable venue for competition sports like in basketball, volleyball, badminton. This year our students are travelling to 1 of 8 different venues north of the river to compete in volleyball.

2 - Reduced costs due to decreased travel distances either for local or interstate competitions.

3 - There is no predicted impact on

community hiring the gym so this revenue stream will not be affected.

Further information regarding this proposal can be found at New 12-court stadium for Perth | Perth Basketball Association (perthredbacks.asn.au).

Support from our community

The month of June was a testament to the spirit of community and care in Como, with a series of events that showcased the generosity and engagement of students, staff, and supporters. An annual event led by the Head of Technology, Ms Romany, and Food Science Teacher, Mrs Lee, saw the Y12 Food students successfully host Australia's Biggest Morning Tea, an event marked by camaraderie and delicious treats made by the students themselves. Concurrently, the dedication of students like Blake D, with the support of Mr Foster and Mr McConnell, galvanized the community to support for the World's Greatest Shave, where a group of staff and student volunteered to shave their heads contributing significantly to the Leukaemia Foundation. These two events raised over \$5,000 that has been donated to the Cancer Council and the Leukaemia Foundation. The Art Learning Area's second Cabaret illuminated the talents of Como's students, blending dance and music into a captivating performance that resonated with the audience. The success of these events speaks volumes of the hard work and passion of everyone involved, from the performers to the behind-the-scenes contributors, all of whom deserve a resounding BRAVO for creating memorable experiences and making a difference.

NAIDOC WEEK

As part of NAIDOC a whole school event was held celebrating culture and encouraging understanding in our community. Special guests Gina Williams and Guy Ghouse connected and captivated the audience through music and song. Informed by the four principles of Koort (Heart), Moort (Family and Community), Boodja (Land) and Koorlangka (Children and Legacy) Gina and Guy took us on a journey we're not likely to forget. It really was a unique experience with Gina singing in the Noongar language.

The Noongar language is not something Gina grew up with. However, to sing and write in Noongar is a deliberate choice to help revive her culture and support it for generations to come. Noongar language is critically endangered (there are less than 400 recognised fluent speakers left).



A NAIDOC lesson was also delivered to the whole school where students examined and discussed this year's theme Keep the Fire Burning! Blak, Loud & Proud. The NAIDOC theme is chosen by the National NAIDOC Committee, with this year's theme honouring the enduring strength and vitality of First Nations culture – with fire a symbol of connection to Country, to each other, and to the rich tapestry of traditions that define Aboriginal and Torres Strait Islander peoples. Students were then given the opportunity to share their vision for the future and reconciliation.

Other events for NAIDOC included several basketball matches for students with senior students taking on the teachers and braiding bracelets in the colours of Aboriginal and Torres Strait Islander peoples.

NAIDOC provides an opportunity for all Australians to learn about our shared histories, achievements and cultures and to continue to explore how each of us can contribute to achieving reconciliation in Australia. It is celebrated not only in Indigenous communities, but by Australians from all walks of life. NAIDOC is a great opportunity to participate in a range of activities and to support local Aboriginal and Torres Strait Islander communities.

<https://southperth.wa.gov.au/discover/whats-on/Events/events-detail/2024/07/07/default-calendar/naidoc>

To end our NAIDOC celebrations Elder George Hayden addressed the whole school at recess, welcoming us all on Noongar country.

The Smoking Ceremony is a traditional Noongar ritual used to not only cleanse and purify a specific area but cleanse the spirit, body and soul whilst you are on Noongar Country. It also helps to ward off warra wirrin – bad spirits and to bring in the blessings of the kwop wirrin – good spirits.

The smouldering leaves and smoke purify the area and prepares for a new beginning. This ritual of purification and unity – signifies the beginning of something new.

Everyone gathered around George to take part in the ceremony, a fabulous way to embrace Aboriginal and Torres Strait Islander culture and to start the holidays.





Celebrating NAIDOC Week

NAIDOC week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander people. It is celebrated by all Australians and is a great opportunity to recognise

and learn more about the history and culture of indigenous communities.

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced back to the Aboriginal rights movement, when on Australia Day 1938, protestors marched through the streets of Sydney to highlight the status and treatment of Aboriginal and Torres Strait Islander Australians. Today, it is a week-long celebration held in July that consists of range of traditional and contemporary activities.

NAIDOC Week is an important event that helps build positive relationships between Aboriginal and non-Aboriginal people. It enables a deeper understanding of our differences and similarities. NAIDOC week is an opportunity for all Australians to eliminate bias and discrimination by reflecting and reconciling the wrongs of the past to facilitate hope and build a fairer future. Families are encouraged to join in and support young people in learning the significance of NAIDOC Week.

This Special Report offers suggestions on how families can celebrate NAIDOC Week together. We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one or the wellbeing of your child, please seek medical or professional help.

Here is the link to your Special Report

https://como.wa.schooltv.me/wellbeing_news/special-report-celebrating-naidoc-week

BRAZILIAN STUDENTS FAREWELL

Term 2 sees Como farewell Year 10 Brazilian students Mariana, Stella, Mariana and Deyvid. The students have been at Como since the beginning of the year as part of a scholarship program with the Brazilian Government. We hope they have enjoyed their adventures and wish them all the best for their future and a safe journey back to Brazil.



POLLY FARMER FOUNDATION'S FOLLOW THE DREAM

Polly Farmer Foundation's Follow the Dream program was named program of the year at the NAIDOC Perth Awards last week. The award recognises not-for-profit organisations delivering outstanding programs to the Aboriginal and Torres Strait Islander community in Perth.

Follow the Dream is a worthy winner, delivering culturally responsive academic enrichment to aspirant Indigenous students through tuition and mentoring, designed to develop knowledge, confidence, self-belief, and inspire students to achieve through their school and career aspirations.

The outcomes of Follow the Dream across all sites are remarkable with indicators of success including 83% attendance rate, 95% year 12 graduation, 75% WACE and 76% of graduates proceeding into employment or further study. New independent research has also identified less tangible outcomes from the program including 88% of graduates agreeing Follow the Dream helped them become more confident, 96% choosing more aspirational post school pathways, 75% enjoying school more, and 100% agreeing the program helped them to "follow their dream".

A massive thank you to the Follow the Dream champions and tutors, past and present. Your support and work really does make a difference.





Como Secondary College with the support of the P&C provide SchoolTV which offers a wide range of resources to assist with the challenges faced by students and families today. It can be easily accessed via our [website](#) homepage using the blue TV icon on the right, alternatively click on the links below.

All SchoolTV topics are divided into series. Take the time to explore each series and topic and make sure you visit the resources section. Here you will find useful fact sheets, apps, books, websites and other additional videos - all on one single topic.

[Cyber Safety Series](#)

[Mental Health Series](#)

[School Survival Series](#)

[Healthy Body Series](#)

[Postive Parent Series](#)

[Diversity and Inclusion Series](#)

[Special Reports](#)

levels in these products pose serious health risks, including nicotine addiction, cardiovascular disease, gum disease, tooth decay, and even nicotine poisoning. Researchers highlight the detrimental effects of nicotine on developing brains, linking its use to depression, anxiety, ADHD symptoms, and an increased risk of addiction to other drugs.

The marketing of snus and nicotine pouches targets young audiences through social media influencers, raising concerns about their increasing popularity among school students. And like vapes, they come in various flavours and strengths, with unregulated nicotine levels leading to inconsistent and misleading labelling. It is clear that SLT products contain not only nicotine, but also other chemicals with unknown long-term effects.

This Special Report will help you become aware of the potential risks of smokeless tobacco products and guide you in age-appropriate discussions with your child. Here is the link to your Special Report

<https://como.wa.schooltv.me/wellbeing/news/special-report-smokeless-tobacco-products-au>



SPECIAL REPORT: Smokeless Tobacco Products

The evolving nicotine landscape requires parents and caregivers to stay informed to protect young people from these emerging threats. Snus and nicotine pouches are gaining popularity among young people as smokeless tobacco (SLT) products. Both products are discreetly placed under the upper lip, allowing nicotine absorption through the gums.

Health authorities are urging proactive measures to curb this growing trend and calling on regulators to implement controls before these products become as widespread as vapes. The high nicotine



UNIFORM SALE

A reminder Uniform Concepts have a sale on all Como Secondary College polo shirts.

This includes upper, lower and specialist programs polo shirts all of which are \$15.

Uniform Concepts are located at 30 Kembla Way, Willetton and can be contacted on 9270 4650 or Email: willetton@uc.nellgray.com.au .

Alternatively order online [here](#)



WORLD'S GREATEST SHAVE

College Captain Blake D and Student Services Coordinator Mr McConnell led Team Como in the World's Greatest Shave. With 14 members taking part and the community behind them over \$5,000 was raised. This was a huge effort and displays strong connections and support within the College, and awareness of others.

Huge thanks to students Alex W, Kai S, Blake D, Noha L, Taj P, Kane D, Ben B, Lachlan C, Kael K, Priyay S, Raniero R and Mitchell T, and Mr Foster, Student Services.

The World's Greatest Shave raises funds for the Leukaemia Foundation to give Australians facing blood cancer life-changing practical and emotional support, and to fund critical research.

AUSTRALIA'S BIGGEST MORNING TEA

Kirsten Romany - HoLA Technologies



On Friday the 21 June the Year 12 Food Science and Technology Classes prepared and served Australia's Biggest Morning Tea to all staff as part of the Cancer Council's community event. This was their major practical assessment for the year.

Over several weeks, working with a range of dietary issues, they devised, trialled and modified recipes and considered presentation in order to select a range suitable for preparation and service at a morning tea. The theme of the Como's Australia's Biggest Morning Tea is pay as you feel, with staff encouraged to donate as much as they felt worthy of the cause and the efforts of the students.

Staff were delighted with the range of hot savoury items and delicious sweets on offer and students can't wait to see how much they have raised for the Cancer Council.

Congratulations to all involved!



CREATE@COMO

Monique Laves- Create TIC

What a great term it has been!

We are waiting in anticipation to see if some of our Create students have been successful with their entries to competitions. Year 7 and 8 students in Visual Art have entered the Shaun Tan Award at the Subiaco library. Their 'Lost Thing' mixed media paintings, are a mixture of students South Perth landscape drawings combined with their own 'lost thing' that sits within their collaged, painted landscape. Inspired by local swans, birds and fish, our 'lost thing' creations also had a mechanical twist to them, just to add another element of interest in the style of Shaun Tan. Our finished studio pieces will be exhibited at our end of the year Showcase. Accompanying their paintings, students have made a ceramic 'lost thing' that will sit in front of their painting. We will find out the finalists at the end of June!

Year 7 and 8 Create students have also entered their original stories into the South Perth Young Writers competition. The South Perth Young Writers Award encourages excellence in creative writing and is open to all students from Year one through to Year 12 who live in or attend school within the City of South Perth. Each year the entries are judged by a panel of librarians, writers and children's literature enthusiasts. Shortlisted entrants are invited to attend a writing workshop to develop their writing skills and to refine their submitted story which is then re-read before finalists are chosen. Congratulations to Year 8 students Logan B and Jessica R who's entries have been shortlisted!

Thank you to Ms Horn for running Writers Club in the library on Thursday, its usually a packed house of Create students who want to excel in their writing as well as develop ideas for up and coming competitions.

Cabaret a night to remember Create students danced the night away reflecting the theme 'through the ages'

Year 10 Create students mesmerised the audience with a hypnotic performance of a 2000s track 'Koroba', Year 9 Create class wowed everyone with their high-energy hip-hop routine to 'Bounce', truly capturing the spirit of the 2000s, another Year 9 Create group brought the house down with their dance to the 2010s classic 'Crazy in Love'. Year 9 Jasmine Miller delivered a standout solo performance of Amy Winehouse's 'Valarie', setting a high standard for solo acts. Congratulations, Jasmine! Our Year 7 and 8 Visual Art students impressed with their self-choreographed routine to the 2010s hit '1, 2 Step'. Under the leadership of Evita, they met during lunch breaks to rehearse, ultimately creating an inspiring routine with 90s flair, complete with flips and sass. Dressed in stylish cargos and tees, they rocked the stage. I was thoroughly impressed with the maturity, organisational skills, and teamwork displayed by all students. Congratulations Year 9s for their awesome effort and to all participants for their dedication and creativity.

During the transitions the Create students filled the Tivoli entertaining the crowd with all the old classics, 'Hand jive', 'Nut bush city limits', 'YMCA' and 'Macarena', dressed to impressed they got the crowd following along. A night that created great memories.

A huge thank you to Ms S and Mx Phan for all their extra hours and effort they put towards the production of the show.



Up and coming...

Next term we are all booked and ready to go to the Scribblers Festival

The Best Australian Yarn short Story Competition.

The Best Australian Yarn celebrates the art of storytelling by giving writers across the country a platform to share their short stories. It's a quest to uncover Australia's finest literary talents and our most engaging storytellers. We're calling on all writers - published or unpublished - from every corner of Australia to get creative and submit their short story of up to 2500 words.

THE BEST AUSTRALIAN
YARN 2024
SHORT STORY COMPETITION

PRESENTED BY The West Australian navitas 30



COMO CABARET



ENRICHED MATHS, INFORMATION TECHNOLOGY AND SCIENCE

Chris Geagea - Specialist EMITS Program TIC

It has been a significant term for the Enriched Mathematics, Information Technology, and Science (EMITS) program at Como Secondary College.

Our Year 10 students showcased their scientific prowess at the Science Engineering Challenge, securing an impressive second place.

The enthusiasm for our program continues to grow, with over 70 Year 6 students applying to join EMITS in 2025.

Our Year 8 and Year 9 students have been diligently working on their respective projects for the Maths Talent Quest 2024 and the Science Talent Search 2024. Their enthusiasm and dedication to these projects have been truly inspiring.

The Year 10 students have been preparing for the Just Start IT evening, where they will have the opportunity to present their innovative business ideas to business mentors and our local Member of Parliament, Geoff Baker MLA. This event promises

to be an exciting showcase of the entrepreneurial spirit of our students.

All EMITS students participated in the Big Science Competition and the Computational and Algorithmic Thinking test, with many achieving distinction and high distinction grades. We are incredibly proud of their efforts.

Our Open Afternoon was a success, with dozens of visitors taking the opportunity to view the EMITS display.

Our Year 9 EMITS students had the privilege of attending the Big Day In Information Technology Conference at ECU Joondalup.

We look forward to another exciting term ahead for our EMITS students.



The Enriched Mathematics, Information Technology, and Science (EMITS) program at Como Secondary College recently held its annual Just Start IT Year 10 presentation night, showcasing the remarkable talent and innovative thinking of our students.

The evening was a testament to the hard work and dedication of our students, who presented a range of ingenious applications designed to solve real-world problems and make a difference in our community.

John Angus, Zayyar, and Alvaro introduced us to 'Curriculo', an app designed to bridge the gap between young people and meaningful employment. This innovative solution aims to empower the youth by providing them with opportunities that align with their skills and interests.

Next, we had Jackson, Raunak, Andre, and Kyle present 'Foodwise', an app that combines health and gastronomy. This app is designed to help users create healthy and delicious meals, promoting a balanced lifestyle.

The 'How to Adult' app, presented by Kalianah, Sophie, Ava, Kendra, and Zoey, is a comprehensive guide for young people navigating adult tasks. This app is a one-stop solution for those stepping into adulthood, providing valuable information and guidance.

Our next group, Jiaying, Indy, Chloe, and Danyaa, presented the 'WorthIt' app, a platform that helps young people find high-quality clothing at affordable prices. This app is a testament to our students' understanding of the importance of sustainable and budget-friendly fashion.

Alec, Franz, and Mitchell presented 'FitCheck', an app that helps users find clothing that not only looks great but also fits perfectly. This app is a step towards revolutionizing online shopping and enhancing user experience.

Lastly, Erik, Abraham, and Noah took us on a journey into sustainable living with their app 'Worm World'. This app provides detailed information on how to start a worm farm, promoting eco-friendly practices and waste management.

The evening was made even more special with the presence of Mr Geoff Baker MLA and Ms Lainey Weiser, the founder of Just Start IT. They had the challenging task of evaluating the presentations and voting for the winner.

It gives me immense pleasure to announce that 'Worm World', the sustainable living app presented by Erik, Abraham, and Noah, was voted as the winner. The judges were particularly impressed with the practicality of the app idea and noted that it was ready to be implemented immediately.

This recognition is a testament to the innovative thinking and hard work of our students. We are incredibly proud of their achievement and are excited to see how 'Worm World' will contribute to promoting sustainable practices in our community.

The presentation night was a resounding success, highlighting the creativity, innovation, and problem-solving skills of our EMITS students. We look forward to seeing these young innovators shape the future.

The night would not have been able to go ahead without the efforts of Year 12 student Pavitra, Lam Yeoh, Kirsten Romany, Brent Skufca, Rhyard Sahely, Grace Bradley, Leslie Carruthers, Samuel Laycock, Archie Phan and Sophia D'Rozario. We also thank the City of South Perth for sponsoring the program.

Stay tuned for more updates from the EMITS program at Como Secondary College.



COMO GOLF ACADEMY

Jamie Warman - Specialist Golf Program TIC

Golf Academy students, Josiah E, Year 12 and Aprileen S, Year 9 were selected in the School Sport Western Australia (SSWA) Golf 18 Years & Under state team which will travel to Canberra, ACT in August. Both students were also crowned Upper & Lower School Golf Champions, respectively, last Monday at Royal Perth Golf Club. Year 11 student Ryan L was also selected as a non-playing reserve for the SSWA state team.



Ryan joined the Como Golf Academy from Kalbarri in Year 9 on a 19 handicap, meaning he would average 91 golf shots per round. He is now on a handicap of 1, averaging 73 golf shots per round. This remarkable achievement is a credit to how hard he has worked in conjunction with the teaching and learning opportunities provided to him at Como Secondary College.

<https://www.schoolsportwa.com.au/golf-18s-team-announcement/>

Josiah has been selected to represent Australia in a Ryder Cup-style match against the United States National Junior Team. This comes the week before representing Australia in the IMG Academy Junior World Championships from July 9-11 - arguably the biggest junior tournament in the world.

<https://www.golfwa.org.au/was-edwards-and-harrison-earn-australia-call-up/>

Josiah has also received an exemption into an Asian Development Professional Tour Event, the PKNS Selangor Masters, where he will apply his skills learned at Como against professionals from around the world. Exciting times for Josiah, who is not only enjoying success on the golf course but motivating the other 43 student-athletes in the Como Golf Academy to follow their dreams and work hard both inside the classroom and on the golf course.

<https://www.asiantour.com/adt/reports?url=http%3A%2F%2Fadt.ocs-asia.com%2Ftic%2Ftmentry>



Well done to Ilyas Year 8 on his impressive hole in one!
Collier Park Golf - Pines
Hole 3
Distance: 148 metres
Club Used: 5 iron

Congratulations to 2013 Como SC graduate, Hannah Green, who has qualified for the Australian Olympic Golf Team 2024.



HEALTH AND PHYSICAL EDUCATION

Brad Francis - HoLA

Volleyball

On the 7th June (Junior Comp) and 14th June (Senior Comp) Como travelled to Warwick Stadium with 2 teams (1x boys & 1x girls) in each age division to represent the college in the annual Volleyball Champion Schools carnival. This round was exclusively for schools in the SE Zone. Winners of the A division would advance to the next round.

The results of the Juniors was impressive considering the limited training we had after selections.

Junior Boys - runner up in B Div

Junior Girls - fifth in C Div

- each group had the opportunity to experience and play some very good schools. Well done on the juniors

The Seniors also were quite impressive. The Boys were entered in A Division, so had their work cut out for them. And to their credit held up very well considering the talent on display from other schools. Whilst the Senior girls performed admirably, losing a couple of games literally on the last play of their matches.

Senior Boys - Sixth in Div A

Senior Girls - Sixth in Div C

Can I thank Mr Bosnich and Mr Price who assisted me with the teams over these 2 days.

Lets go bigger and better next year.



X-Country Thursday 27th June

Yesterday saw approx. 120 students from Year 7-12 take off on either a 2km or 3km adventure.

Completing the 1km course around the college, we were blessed with the rain holding off just long enough for all the students to complete the event dry.

Congrats to all who had a go, and a big thanks to the PE staff and Year 12 Hockey volunteers who made the event very smoothly. Full results will be published Week 1 next term.

COMO SECONDARY COLLEGE OPEN DAY



This year Como Secondary College held its inaugural Open Day for families with students in Year 5 and 6 looking to explore the College on the afternoon of Friday 14th of June. We had an exceptionally high number of families register and were overwhelmed with the interest in our spaces and offerings. Families took part in guided tours, attended information sessions on Specialist Programs and explored the various exhibits and interactive activities hosted by staff and students in the classrooms and the Canteen.

We were delighted to welcome so many families and we hope they gained insight into a day in the life at Como, engaged in conversations with our dedicated teaching staff, as well as enjoy a coffee at our Wellness Café. We recognise the importance of visiting our College and gaining as much information as possible for families considering local and specialist enrolment. We hope families found this event informative and engaging, and our prospective students are excited to join us in the coming years!



ADMIN & FINANCE NEWS



Contributions and Charges

It is government policy that parents should contribute towards the cost of educating their children. Given that all students benefit from the pool of collected fees, it is fair to expect that all parents should pay the balance of contributions and charges.

Contributions and charges form a large part of the school's income for learning and teaching programs in the school and supports the school in its focus to provide a quality education for all. The College is currently accepting payments for the 2023 and 2024 school year.

Turn one big payment into easy instalments, you may like to consider starting a payment plan now to assist with completing all payments.

Payments are accepted by cheque, cash, Visa, Mastercard, direct deposit and Qkr:

BSB: 066 102 | A/C: 00903523
Ref: student name

Attendance

- Contact the Hub's 24 hour Attendance Hotline **9365 2011** or email Como.SC.HUB@education.wa.edu.au to advise the reason for student absence before 9.00am
- For early departure provide student with a written note to request permission to leave class
- Write an explanation for absence and send it via your child as soon as they return to the College
- Respond promptly to SMS and Absentee Letters

Contact Details

Please advise changes via Consent2Go, email to Como.SC.AdminSupport@education.wa.edu.au or Change of Details Form available at Administration.

Communications are usually sent via email; please ensure we have your correct address

The onboarding process of students onto SEQTA Learn and parents onto SEQTA Engage is proving positive on many fronts.

If you are experiencing any problems or have not received a parent login please contact the college on 9365 2000.

Please remember to check SEQTA Notices to keep up to date

PARENTS & CITIZENS

Meeting

The P&C meet once a month during term time on the 3rd Monday of each month at 7.30pm at the College in the Elicos Room. Attendance at these meetings is a great way to find out more about what is happening in the College, its future plans and how these will affect your child and your family. It is also a venue for parents to voice concerns, raise issues and discuss ideas both with the Principal and with other parents.

Second-Hand Uniform Shop

The second-hand uniform shop is run by the P&C with all funds raised going towards projects to benefit all students. The shop is run on donations only.

It is located in B Block and open during term each Friday, 8.30-9.15am. Non-students need to sign in at the front office where staff will assist to locate the shop.

No longer required, preloved uniform items in good condition can be dropped at reception 8am-4 pm Mon-Fri.

GETTING HELP DURING THE HOLIDAYS

Although school holidays are a nice break for staff and students; these times can be stressful for many families. If you require help during this period, the following information may be of assistance.

Emergency Services and helplines. Call 000 in an emergency if you feel someone is at risk of harm OR for mental health emergency assessment, support and referral contact:

- CAMHS Crisis Connect supports children and young people under 18 years (family who have concerns can call 24 hrs/7 days a week incl. public holidays for a tele-mental health assessment or advice) call 1800 048 636
- Mental Health Emergency Response Line (MHERL) is 24/7 for adults – 1300 555 788 (metro). Peel callers – 1800 676 822 (free)
- RuralLink for Rural and remote areas from 4:30 pm to 8:30 am (Mon to Fri) and 24 hrs (Sat, Sun and public holidays) - 1800 552 002
- Find your GP after-hours clinic
- Call after hours GP Helpline on 1800 022 222

NEED SOMEONE TO TALK TO

Women's Domestic 1800 007 339

Violence Helpline

Beyond Blue 1300 22 4636

Crisis Care Helpline 9223 1111 Or

Country Toll Free 1800 199 008

Headspace 1800 650 890

Kids Helpline 1800 551 800

Lifeline 13 11 14

Men's Line Australia 1300 789 978

Suicide Call Back Service 1300 659 467

The Samaritans Crisis Line 135 247

(7 am to 7 pm)