



Como Secondary College

Year 6 Transition Night

Welcome!



Ms Leslie Carruthers
Principal



Nicola Alderton

P&C President/representative of
the School Board

Como S.C. in 2018

- Approximately 870 students
- Courses linked to University entry, Tafe and private provider entry, employment, apprenticeships
- Priorities – Quality Teaching, School Culture, Distinctive School
- The ‘Como Way’
- Independent Public School since 2013



2018 Student Services Team

- Deputy Principal – Grace Bradley
- Student Services Manager – Peter Schmidt
- Year 7 Coordinator – TBC
- Chaplain – TBC
- Nurse – Kerry Martin (3 days a week)
- Psychologist - Pharyn Thompson (2 days a week)
- Youth Worker – Ryan Docherty
- Clerical Assistant - Vicki Berich
- Hub - Ann Alindada



Pastoral Care

- Social and emotional support
- Behaviour management
- School dress
- Good Standing
- Family support and guidance
- Referral to supporting agencies
- Individual counselling and support
- Attendance



Non- Curriculum Staff Contact

- Student self referral
- Parent/student contact with the Year Coordinator
- Parent/Student contact with the Student Services Manager who can refer to the appropriate staff member
- Parent/student contact with the Deputy Principal or Principal who can refer to the appropriate staff member
- Email, phone
- See the Como Sec. College website for contact details
<http://www.como.wa.edu.au>



Most Importantly....

Relationships

Relationships

Relationships

Relationships

Etc

Etc

Etc



Feedback

- Awards
- Letters
- Certificates
- Emails
- A simple 'great job', 'well done', 'hello'



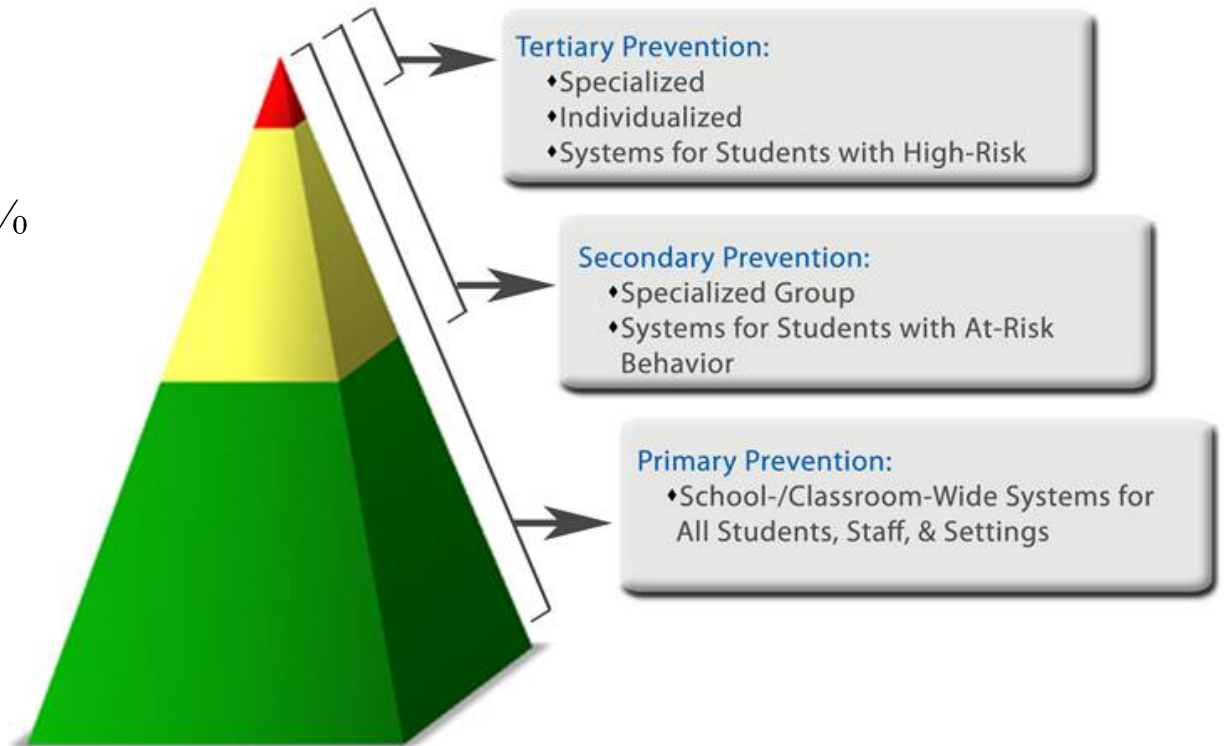
School Wide Support

Continuum of School-Wide Instructional & Positive Behavior Support

Tertiary Level 5%

Secondary Level 15%

Primary Level 80%



Behaviour Management

- EVERYONE has the right to learn and be safe!
 - When it goes 'wrong':
 - Obtain 'the story'
 - Discuss
 - Consequences
 - Restorative justice process



Bullying

Bullying occurs when an individual or group misuses power to target another individual or group to intentionally threaten or harm them on more than one occasion (**repeatedly**). This may involve verbal, physical, relational and psychological forms of bullying.



Bystanders

All members of the whole school community at Como Secondary College need to be aware of their role in supporting those who are being bullied and their responsibility to discourage bullying behaviours when they observe them. Any member of the school community can be a bystander and can act successfully to prevent or stop bullying.



Cyber Smart



A long, long time ago, in a world that seems sooooo different
from now.....

Cyber Wars?

Episode 2

It's ok

It is a period of confusion, misunderstanding and fear with 'the enemy' striking 24 hours a day, seven days a week. Young (and older) humans are embracing technology such as smart phones, laptops, tablets, 'the cloud', wireless everything, tweeting, googling, instagramming, snapchatting, facebookking, tumblring,

What are the Issues?

- Security
- Safety
- Sharing of everything
- Being connected 24 hrs per day
- Being in front of a screen too much
- Poor relationships
- Bullying
- Etc, etc, etc



Cyberbullying

- May include:
 - malicious emails
 - malicious messages
 - spreading rumours online
 - defamation
 - posting photos of others without their permission
 - threats
 - SMS messages
 - extortion



Cyber Bullying Support

- www.headspace.org.au
- <https://www.esafety.gov.au/>
- Block sites/people
- Change numbers/accounts
- Don't share passwords
- Be smart about on-line content
- Don't respond
- Tell a trusted adult
- Save evidence



Aim of Restorative Practice at Como Secondary College

To manage conflict and tensions by repairing harm and strengthening relationships as a way of building community.



Blame & Punishment

REAL JUSTICE.

What is the first question we ask when someone does the wrong thing?

If we ask 'why', what answers do you expect to get?

What is the problem with the 'why' question?

How does blame impact on learning?





Fair Process

REALJUSTICE.

1. **Engagement** - Opportunity to have a say.
2. **Explanation**- Understand the reasons for the decision.
3. **Expectation Clarity** - Shared understanding on what is expected in terms of behaviour and rules.

Kim & Mauborgne, Harvard Business Review, July – August 1997





What Fair Process Isn't?

- Consensus or to seek harmony.
- Compromise to accommodate every individual's opinions, needs or interest.
- Democracy in the school (or any group process)
- Teachers, parents or others forfeiting their prerogative to make decisions, establish policies and procedures.

Kim & Mauborgne, Harvard Business Review, July – August 1997





Restorative Questions

REAL JUSTICE.

- What happened?
- What were you thinking at the time?
- What have you thought about since?
- Who has been affected by what you did?
- In what way?
- What do you think you need to do to make things right?



Communication with ‘*The Adolescent*’

(scary music playing in the background)



Well-Being

- Mental health is just as important as physical health
- Important to attempt to maintain communication and to query changing behaviour – don't necessarily assume 'it's just an adolescent thing'
- Refer to Year Coordinator or Student Services Manager
- [Getting help series – YouTube](#)



Useful Links

- Como Secondary College Website <http://como.wa.edu.au/>
- Headspace
- Youth Beyond Blue
- Lifeline
- KidsHelpline
- Your GP
- Youth Focus



Youth Focus Mental Health Presentation

If you felt depressed or anxious how likely would you be to seek professional help?

PRE

Percent		Count
Extremely	8.45%	12
Very	19.72%	28
Not very	40.14%	57
Not at all	31.69%	45
Totals	100%	142

POST

Percent		Count
Extremely	21.79%	17
Very	33.33%	26
Not very	24.36%	19
Not at all	20.51%	16
Totals	100%	78

If your friend was feeling depressed or anxious how likely would you be to recommend /assist them to seek professional help?

PRE

Percent		Count
Extremely	37.76%	54
Very	45.45%	65
Not very	11.19%	16
Not at all	5.59%	8
Totals	100%	143

POST

Percent		Count
Extremely	64.77%	57
Very	25.00%	22
Not very	6.82%	6
Not at all	3.41%	3
Totals	100%	88

Select who you would talk to if you were having a hard time. You can choose as many as you like.

Percent		Count
Youth Focus	10.45%	7
Teacher/School	25.37%	17
Psych/Year Coordinator		
Sports Coach	11.94%	8
MH Website / App	29.85%	20
Phone helpline	22.39%	15
Totals	100%	67

Select who you would talk to if you were having a hard time. You can choose as many as you like.

Percent		Count
Parent(s)/Caregiver	15.66%	13
Family Member/Friend	30.12%	25
Friend	33.73%	28
Chaplain/School Nurse	9.64%	8
Family GP/Health Centre	10.84%	9
Totals	100%	83

NO YOUNG PERSON
SHOULD BE DENIED

The
CHANCE

TO LEAD A

MEANINGFUL
LIFE

BY STRUGGLING WITH
MENTAL ILLNESS ALONE

Curriculum

The teaching of skills and knowledge in specific subjects /learning areas.

- Classwork
- Homework/Study (about an hour per night)
- Assessments
- Workplace Learning
- Specialist and General Programs



Curriculum Areas

GENERAL STUDIES	GOLF	HOCKEY	MUSIC	EMITS
Compulsory Courses				
<ul style="list-style-type: none"> • English • Mathematics • Science • Humanities and Social Sciences 	<ul style="list-style-type: none"> • English • Mathematics • Science • Humanities and Social Sciences • Golf Studies 	<ul style="list-style-type: none"> • English • Mathematics • Science • Humanities and Social Sciences • Hockey Studies 	<ul style="list-style-type: none"> • English • Mathematics • Science • Humanities and Social Sciences • Contemporary Music 	<ul style="list-style-type: none"> • English • Mathematics • Science • Humanities and Social Sciences • EMITS Computing
Students complete <u>semester</u> long courses from The Arts, and Technologies Learning Areas and a year -long course in Health and Physical Education and Languages to cover the breadth of studies.				
<ul style="list-style-type: none"> • Arts • Technologies • Health and Physical Education • Languages 	<ul style="list-style-type: none"> • Arts • Technologies • Languages 	<ul style="list-style-type: none"> • Arts • Technologies • Languages 	<ul style="list-style-type: none"> • Health and Physical Education • Technologies • Languages 	<ul style="list-style-type: none"> • Arts • Health and Physical Education • Languages.

Curriculum Staff Contact

- Classroom Teacher
- Head of Learning Area (HOLA)
- Special Programs Coordinator
- Year Coordinator
- Student Services Manager
- Deputy Principal
- Principal



Health Centre

- Only School Community Nurse able to give paracetamol?
- Injuries out of school hours to be treated at home
- Ensure health records **AND** contact details are up to date
- Teen Triple P Seminars




Teen Triple P Seminars

This is for parents/caregivers of teenagers and can help :

- Build a better relationship
- Reduce conflict
- Keep your teenager safe
- Be realistic about parenting
- Take care of yourself
- Conducted over three seminars
 1. Raising Responsible Teenagers
 2. Raising Competent Teenagers
 3. Getting Teenagers Connected



Uniforms

- All students are to be dressed in College Uniform while at school. We appeal to parents to cooperate with us in our efforts to maintain a high standard of student dress.
 - The uniforms for students are as follows and can be seen in the demonstration photo opposite and by clicking the descriptions for boys and girls below.
 - Denim garments such as jeans or denim-skirts are **NOT** part of the college dress code.
 - Uniform items can be purchased from the Nell Grey Uniform Concepts Superstore.
 - The contact phone number is: 9270 4669
- 

- **Second-hand uniforms**
- There is a second hand uniform shop located at the school. It is run by the P&C and all funds raised go to towards projects to benefit all students.
- **Opening Hours:** Every Monday 8am – 9am
- **Location:** B Block
- **Enquiries:** comoseconds@outlook.com
- **Payments:** Cash only
- The shop is run on donations only. Please consider donating any school uniforms that you no longer need, including any specialist program uniforms, e.g. black pants, white collared long sleeve shirts for music performances.
- **Donations:** can be placed in the marked boxes in the Canteen or the Hub during school hours or given to the shop when open

The First Week

- Starts on Wednesday, 31st January
- Full school assembly in the gym
- Transition program
- Lockers – to be hired (\$10 per year) which includes a lock. This will need to be paid prior to accessing a lock/locker
- Packing their bag – resources required, hockey and golf equipment (don't bring!)



Transition Program

- Main topics will include:
 - Getting to know you
 - Cyberbullying
 - The ‘Como Way’
 - Punctuality
 - ‘Connect’
 - Work standards
 - Study vs homework
 - Uniforms
 - Computer network and useage
 - File organisation



Conclusion

Questions?



Enjoy the remainder of 2017 and
we look forward to seeing
everyone ready for action next
year!

