

Year 7 Interm Swimming Excursion Advice to Parents

Como Secondary College is committed to providing our year 7 students with the opportunity to develop this essential life skill for people within Australia. Swimming is valuable to students as it improves their health and wellbeing, improves their confidence and self-esteem and teaches them to respect the water. As such this excursion is **compulsory** for all year 7 students.

Excursion: Year 7 Interm Swimming

Venue: Aqualife - Victoria Park

Group A

Date: Monday 20th November – Friday 24th November

Time: 9.00am -10.00am (Jacaranda 3 and Jacaranda 4)

Group B

Date: Monday 27th November – Friday 1st December

Time: 9.00am -10.00am (Flame 3, Pine 3 and Pine 4)

Purpose: 5 x 1 hr Swimming lessons. The Interm swimming program provides high quality swimming classes to ensure children develop essential swimming and water safety skills.

Planning Activities: To participate actively and appropriately in their Physical Education classes and school excursions.

Cost: \$45 per student to cover daily transport and pool entry

Payment Method: Please complete the Excursion Consent Form and the Swimming Enrolment Form and return these to the front office along with payment by Friday 15th September.

Transport: Students will travel on a Horizons West bus to and from the venue.

Clothing/Special Requirements:

- All Items LABELLED clearly
- Bathers, Rash Vest (Optional) Towel, Goggles
- Physical education uniform (Bathers underneath) is to be worn to and from the venue
- Sandals/Thongs can be worn to and from the venue
- Water Bottle
- Long Hair should be securely tied back

Supervision: Will be provided to and from the venue by staff from Como Secondary College. Supervision at the venue is shared between Como Secondary College staff and Interm Swimming staff. Behaviour Management and emergency plans are in place.

Emergency Contact: In an emergency, parents may phone

- Como SC – 9365 2000
- Aqualife –Victoria Park – 9373 5400

NB: Students and their property are not covered by insurance through Como Secondary College.



Meliva Tubbs
Program Coordinator - Operations